



思恩中医药诊疗所
SI EN TCM MEDICAL CLINIC PTE LTD

Si En TCM Medical Clinic Pte Ltd
Blk 202, #01-1670, Ang Mo Kio Ave 3, Singapore 560202
Blk 433, #01-264, Clementi Ave 3, Singapore 120433
www.sientcm.com | T: 6455 2089 / 67747900

SI EN TCM MEDICAL COMMUNITY WELL BEING ENGAGEMENT INITIATIVE

思恩中医社区健康推广活动

适用于新病人中医初诊 ~ 活动有效期至 2020 年 12 月 31 号结束

For New Patients only & applicable for first consultation & acupuncture treatment only.

Excludes cost of medication. ~ Offer ends 31st Dec 2020 ~

请电话预约 / By appointment only: Clementi Clinic: T 6455 2089 / Ang Mo Kio Clinic: T 67747900

Wellness Within Community

Within a healthy body, the functional entities are in harmony and balance. When they become unbalanced, illness arises. In traditional Chinese medicine, Acupuncture coupled with herbal formulas can be effective for treatment of various illnesses, pain and other discomfort. One of the main benefits of using herbs is their wide spectrum of antibiotic effect, with indications for bacterial and viral infections while acupuncture helps to restore the flow of Qi, and so restore health.

Si En HealthXpress Screening
思恩健康体质体检

\$S12
【 Usual \$S25】

Si En Sound@Sleep AcuXpress
安神好眠针灸

\$S15
【 Usual \$S30 & above】

Si En HomeCareXpress
出诊针灸/推拿护理

\$100
【 Usual \$S150】

Si En Soothe AcuXpress
舒压针灸

\$S15
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Si En LaFemmeCareXpress
妇科暖宫针灸

\$S20
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Si En SilverCareXpress
老年护膝护腰针灸

\$S20
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Si En DermaCareXpress
润颜美肤针灸

\$S25
【 Usual \$S50 & above】

Si En PaediatricCareXpress
小儿推拿/针灸

\$S25
【 Usual \$S40 & above】

YOUR BODY ON ACUPUNCTURE

Who would have guessed that a tiny needle (or 12) could be such a boon to your well-being? Here are 10 research-backed ways the ancient practice of acupuncture improves your health from head to toe.

Head 20 sessions of electroacupuncture (where a small electric current is applied to the needles) within a week reduced the number of monthly migraines.

Mood Once weekly acupuncture sessions can treat depression within 3 months (comparable to results from counseling) likely because it regulates happy-making neurotransmitters in your brain.

Heart Regular sessions can decrease markers of stress and lower blood pressure.

Sleep Acupuncture revs up the production of neurotransmitters associated with relaxation and sleep, helping insomnia sufferers sleep better.

Menopause Acupuncture can ease the frequency and severity of hot flashes for up to 3 months after treatment, possibly by helping regulate body temperature.

Nose For seasonal allergy sufferers, 12 acupuncture sessions reduced symptoms, and allowed people to use antihistamines less often.

Throat 10 sessions over the course of a month treated acid reflux disease and soothed heartburn better than upping meds, possibly by regulating acid secretion and speeding digestion.

Immune System Well-placed needles can boost the activity of immune cells that seek out and destroy infections.

Back 3 weeks of twice-weekly needling was found to relieve lower back discomfort for up to 4 months.

Weight Acupuncture helped obese adults shed up to 9 pounds over a span of 2-weeks to 4 months.



*Terms & Conditions apply

The above treatment services does not include Chinese herbs prescription by our physicians, additional charges applies. Our clinic dispenses Chinese medicines in form of liquid, powder, capsules and tablets for easy consumption.

SPACE
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